THE TIMES DAILY MAGAZINE PAGE

Faulty Training of Will May Be the Sole Cause Of One's Own Failures

Apostle of Right Thinking Here to Lecture on "Why We Fail"-Cites Some Common Causes of

Lack of Success.

66 W HATEVER we attempt but do not attain conthe attempt is strong enough we cannot but succeed," says Mrs. Vance Cheney, Sae is in this city under the auspices of the League of Right Thinking and Right Living, and is to deliver a series of lectures at Woodward & Lothrop's auditorium each Wednesday morn-ing during the winter. In giving her explanation of "Why We Fail" she first apologized for not explain-ing "More To Appeared." ing "How To Succeed."

"A bright light appears all the brighter when against a dark back-ground," said she, "and an exploration of the darkness of failure may

Reason For Failure.

"Failure is often due to faulty training of the will. In childhood the will is either allowed to develop the will is either allowed to develop unchecked and unreatrained or so broken and hindered that it loses its entity. We should realize that one of us is different from the other, with a different mission to perform in life. Thus, where individuality is lost the first opening to success is closed.

"Lack of personality may be another attribute of failure. A friend of mine, a woman who aspired to social leadership, complained to me that she could not make herwelf popular. She entersianed often and laviship, yet though people attended her entertainments her popularity did not seem to increase.

"The you really love all those people you invite to your home?" I

"The you really love all those people you invite to your home?" I asked.
"Why, no, she replied, I ask them because I have to do so to maintain my social position."
"That's the secret of your unpopularity." I told her, 'Just as soon as you begin to look for the good in people the kindly feeling will return to you in their friendship and love!"

Neglect of the Ideal. "Another cause of failure is the neglect of the ideal. Take my own matter of exercising my diagers. If I had been taking singing they would have said that it was the use of my vocal cherds in the propermanner. They did not tell me what the composers were striving for or attempt to pass on their ideals to me. Result—I was a failure as a plantst. All I learned was to play the plant better than some one cise, perfects.

the pisuo better than some one cise, perhans.

"The grestest teachers of today are those who are able to catch the ideals of the great masters and transmit them to their purils. What would this world be if ideals had not been carried down through the ages by the great philosophers, poets, musicians and scientists? All the science we have ever had is a practical realisation of the ideals of the fib's, especially the New Testament. In fact, science is just beginning to catch up with the Bible.

Search For An Ideal.

"The people whom we call gen-inger are those who had an ideal and set out to find it. Take Edi-son, who is one of the greatest exand set out to find it. Take Edison, who is one of the greatest examples of what I mean. At one time he was unable to borrow \$100 to finance one of his inventions. Today he has invented more than 1,000 things, most of which are a direct benefit to mankind. When he has an idea, he knows what he wants and works until he gets a definite result. It makes no difference to him whether he works one hour or forty-eight so long as he gets what he wants. Other people fail because they don't know how to get it. If they don't know how to get it, if they do know.

"People fail because they do not exercise self-control, mental and physical. It is everyone's right to be in asolutely radiant good health. There is nothing spiritual about being resigned to pain and being saintly while suffering under the impression that it is a direct visitation from heaven. The essence of spirituality dwells in good health and spirits. Of course, I don't mean by this the animal health that sometimes is noted in people of low mental and moral development.

"If people would realize that the responsibility for failure or for success rests with them and not with the circumstances that surround them, the return to mental and physical health would be noted at once. The responsibility rests with them and them them alone."

ease, for instance. I went over to study music in Europe and they taught me that the music was a

Uncle Harry Explains the Recognition of Carranza

questions. You want to know about recognition, eh? Well, here goes.

Uncle Harry thought a moment. Then "For about three years there into been a government in Mexico powerful chough to keep order throughout the entire country. There have been several stroips of men who have said "We are the government." These groups bave fought each other, each group trying for the mastery. First one would win as battle and seem to have the upper hand, and would seem to have the upper hand, and then another would gain advantage.

"You mean that we will not allow the part of of there leaders."

"You mean that we will not allow to footh the self and assist it in suppressing rebellion on the part of other leaders."

"You mean that we will not allow the country same the government who have said the same that the self and assist it in suppressing rebellion on the part of other leaders."

"You mean that we will not allow same to be sent out from this country.

terent leaders. Just remember two, Carransa and Villa.

"These leaders have fought battle steep battle. For a time you couldn't rell which one was going to gain the permanent advantage over the other, but, at last Carransa seems to have won out.

"Now during all this fighting the linied States couldn't regard either group of men as the rightful government of Mexico because neither was strong enough to keep order in the country.

"Jimmy, you are captain of your class hasketball team, aren't you? Now suppose you wanted to strainge a game with the raptain of the sixth grade example and suppose several boys in the example a game with the raptain of the sixth grade team, and suppose several boys in the example a game with the raptain of the sixth grade to seve Jimmy. I never the properties of the properties of the work of the properties of the properi

Tm sure I don't know. Uncle Harry, on a period of neace and presperity guess I would wait until they decided. Certainly expressions by one that this will for themselves who was captain. Prove to be the case. That would be the thing to do, of Copyright, 1915, by The M-C Syndicate.

You mean that we will not allow arms to be sent out from this country

to the Vills party? Isn't that called an em-bar-go?"

the mastery. First one would win a tattle and seem to have the upper hand.

and then another would gain advantage. The result was that the people of Meveroment, and because there was no strong government anarchy and byteners broke out, busine a west neglected.

the people became povertv-strick there was much unhappiness on the part of the Mexican people.

"Why didn't those leaders get together," asked Jimmy, "and set up a good government instead of fighting it

out?"
"For several reasons. Each leader said that his particular government was the only right one and then, perseps, he wanted to be head of the Mexican government. It isn't necessary to remember the names of all the different leaders. Just remember two, carrangs and Villa.

Social Service School Furnishes Dr. Hirshberg Replies to Training for Y. W. C. A. Workers Queries of Times Readers

Miss Ruth Keeney, Educational Secretary, Explains How Need Has Been Met By Preparing Volunteer

HE need for workers trained to direct the activities of the Young Women's Christian Association has made neces-

Association has made necessary the establishment of a school to supply this technical training. There have been pienty of volunteers willing to lead classes and study groups of various kinds, but there has been a lack of workers with the technique of organization at their lingers' ends.

From this necessity has grown the National Training School of the Y. W. C. A., in New York city, eight years ago the first classes of this institution were accommodated in an old-fastioned building near beautiful Gramercy park. Today it occupies the top floors of an eleventry print of the last word in modern construction and equipment. A few weeks ago, fifty-four girls attended their first seasons in this laboratory for social service workers. There were girls from faraway Norway, Switzerand, Armenia, Japan, South Australia and Finland, from Canada and from twenty-three of the United States. After one year of study these young women will be prepared for secretarial positions under the Y. W. C. A. or for specialized social service of other kinds.

Graduates Work Here.

Graduates Work Here.

Several graduates of the school are working with the Washington branch of the Y. W. C. A. at present, among them Miss Ruth M. Keeney, of the c'asa of 1915, who has been appointed educational secretary of the local as-

class of 1915, who has been appointed educational secretary of the local association.

"Some time ago the need arase for trained workers in the really responsible positions of the Y. W. C. A." said Miss Keeney in telling about the school. "The girls who cld volunteer work needed technical training of a sort to prepare them for the work of the association. Just about that time the late Miss Grace H. Dodge, then president of the national hoard, had been urging the establishment of a training school for Y. W. C. A. and was hailed as a drasmer. For reply she pointed to the Teachers' College of New York, saying. "Ah, but I dreamed that too."

"It was eight years ago that the training school was obened at 3 Gramercy Park. Now it occupies part of an eleven-story building at Lexington avenue and Fifty-second street. The lower floors are given over to the offices of the national secretaries, and the upper to class rooms and bed rooms, with the din-

How the Y. W. C. A. Met Need For Workers.

Eight years ago the need for Y. W. C. A. training courses was seen.

Today the training school laboratory is attended by volunteer workers from Norway, Switzerland, Armenia, Japan, South Australia and Finland, from Canada and from twentythree of the United States. After one year of study these

young women are prepared for secretarial positions or for specialized social service. -Miss Ruth M. Keeney, Education Secretary of the Y. W. C. A.

ing and living rooms on the top floor.

"A college degree is usually a prerequisite for entrance, though a number of years of work plong sociological lines is often accepted as an equivalent. The course may be said to be threefold. There is one purely technical phase of the training that includes association work and organization. This in turn provides special courses for the various positions toward which the students are working.

Series of Lectures.

"There is a series of lectures on subjects that may be a part of the subjects that may be a part of the future association work, comprising talks on finance, journalism, education, immigration, and special problems. A particularly interesting group of lectures deals, with 'current movements' that are continually brought into contact with the Y. W. C. A. Among these are the Consumers' League, College Settlements, and the Travelers' Ald. In connection with this course we visited Greenwich House, one of the New York actilements: a laundry where special provisions had been made for the welfare of the employes; tactories, actilements, and Y. W. C. A. branches in Plainfield, Jersey City, and Youkers at although New York

branches in Plainfield, Jersey City, and Yonkers.
You see that although New York offers an opportunity for us to touch life in its most varied phases, there are entirely different problems to be dealt with in cities of different size, nationality of population, and industries.

"Psychology and pedagogy, so arranged as to be closely correlated with the Y. W. C. A. organization, are an important part of the training, libie study and the study of comparative religions is an essential

Outlines Problems and Their Solution - Lectures Explain "Current Move-

feature of the preparation for sec-retarial work. Last of all come courses in personal hygiene and re-

retarial work. Last of all come courses in personal hygiene and relaxation. Upportunity is offered to study at Columbia. University, and credit is given for it.

"The social life is as interesting as it is unique. Each girl has a separate room and each floor is organized into a sort of club, that meets for prayers, sewing, and good times of all sorts. Each class elects efficers soon after its arrival, and there are committees appointed to take charge of plans for the year.

"Some one asked me if the training school was like college, and I can't really say that it is, because the organization is different. Neither is it like a boarding school, as many have supposed, because we are regarded as young women capable of taking care of ourselves and have no finishing school restrictions.

"It is more like a post-graduate course at college has. Our initiation ceremony is most impressive and old girls come back for it from all over the country. Above the fireplace in our huge eleventh-floor reading-room is the old brass number taken from the first training school at Gramercy Park. The new girls file past the fireplage, each one dropping a piece of greenery she has managed to bring from the park opposite the first building.

Soon At Home. "When the girls go to bed they find the covers turned down for them and little notes from the prelous occupant of the room on the pillows, so they feel at home immediately. They learn to know the girls in their corridor first and soon

girls in their corridor first and soon in their entire class. You see, the corridors go calling on each other and nian stunts and there are get-acquainted meetings where a prize is awarded to the one who remembers the most names.

"You mustn't think that all the girls who attend Training School are fresh, enthusiastic workers right from college or from courses in suciology. Some of them have been associated with the Y. W. C. A. for years and feel that they have grown sale in their outlook. Perhaps they began their work before this course was possible and wish additional training, to bring some new spirit into their local associations, but all of them take the work seriously and try to make every minute of it worth-while."

had gone through the defendant, twenty-one months old, sucked a pencil and gurgled at the judge, but gave no vocal demonstration of what he could do in moments of exulta-

It were folly to pretend that a bawling haby is a popular figure in society. Even in sparsely settled regions he is deplored and avoided. Inder conditions of city apartment life, of course, he is able to but up an offensive much more form dable. Granting all this, a moment's reflection must convince the critical must be that the baby and his bawling life.

faction must convince the critical public that the beby and his ball are one and inseparable, a considerable part of the time. Therefore, when the New York tudge said his parenta should not be evicted because little Pave enjoyed whooping it up at 2 s. m., he took high ground against the kind of criticism that encourages race suicide—Philadelphia Evening Telegraph.

Ella Flagg Young.

Upon Health Problems

By DR. LEONARD KEENE HIRSHBERG.

ments" That Mark Assoweight that it worries me. My appetite considers it necessary.

ciation Labors.

G. C.—I have been losing so much doctor use the anti-thyroid serum if he considers it necessary.

In the considers it necessary.

L. V.—What do you recommend to make the half flux?

Have a thorough physical examina-tion made at one of the large hospitals. Eat your food more slowly and chew Eat your food more slowly and chew it thoroughly. Eat plenty of well seasoned, starchy, oily and rich foods, sweets and pastries. Take daily, regular exercise in the open air or work outdoors. Keep the bowels active; eat plenty of nourishing foods, including cereals, vegetables, fresh and stewed fruits. Take a wineglassful of olive oil shout helf an hour after meals. about half an hour after meals.

A Daily Reader—What can I do for a burning sensation in my finger nails? I I also suffer with neuralgia. Will you please advise?

Bathe the finger tipe in warm boracic acid water every three hours. In-jections of alcohol into the affected nerve will help you. Take daily exer-cise in the open, such as tennis, cro-quet, horseback riding, rowing, and swimming.

E. S. N.—Several people say there are no such diseases as sprue, pellagra, elephantiasis, hydrophobia, and sleeping sickness. What is your opinion?

Many persons also deny the sodiac lights, the aurora horeals. One anti recently denied that prussic acid was poison. He differed from moet antis by seeking test acknowledge. He tested it and is no more. The diseases you name are all real and terrible. Happily most of the hundred million Americans in this country have never been in contact with them. I have.

A. I. D.—What is the effect of lem-on juice on the system? I have been told that lemon juice taken every morn-ing without sugar is an effective rem-edy for superfluous flesh Is this true? it is a doubtful aid, but the juice of one-half a lemon in water may be tried it will be beneficial to the general health, anyway.

I. C.-I am a young man of twenty-one years. I have had caterrh and in-flammation of the nose for some time, in spite of the fact that I underwent an operation at a dispensary. What do you suggest?

Have your threat examined and the disturbing quality eliminated; in the treantime sleep in the open if possible and live an outdoor life. Irrigate the neae and throat three times a day with a skaline antiesptic fluid diluted three times a day in water.

J. C. L.—Will you please give me some advice in regards to my uncle's case? He is in his sixtles and in the morning has a peculiar cough—he says he has had it all his life—which seems to be from his throat or a short ways be-low.

low.

It is expedient that your uncle go to a hospital for a thorough physical examination, especially of his throat and lungs. In the meantime he might trigate his note and throat with alkaling antisentic fluid diluted three times in water, three times a day.

B. S. F .- What is mycosis?

OLD-TIME COLD CURE-DRINK TEA!

Get a small package of Hamburg Breast Tea, or as the German folks call it. "Hamburger Brust Thee," at any nharmacy. Take a tablesoonful of the tea, put a cup of boiling water upon it, pour through a sleve, and drink a teacup full at any time. It is the most effective way to break a cold and cure grip, as it opens the pores, relieving congestion. Also loosens the bowels, thus breaking a cold at once.

It is inexpensive and entirely veget-

Your Wife Should Have

(Copyright, 1915, by Newspaper Feature Service, Inc.)

L. V.-What do you recommend to make the hair flufty? (2) I am seventeen years of age and am bothered with pimples and blackheads.

During the warm weather this is qure a common question. Apply the following to the hair:

musits.

2.-Take three drops of Fowler's arsenic solution three times a day after meals. As a face wash, instead of soap or cold cream use the following:

1 curses

At night and each morning apply lo-dine of sulphur, 4 dram; simple cerate, I ounce, to the pimples. Avoid all oily, hot, greasy and highly seasoned foods, sweets, pastries, chocolates, soups and oundies. Dissolve the blackheads out

A Gentleman—As you helped me be-fore, I wish your advice again. What will promote the growth of my hair?

Massage into the scalp twice a day the following: Resorcin. 10 grains: balsam peru, 14 dra- sulphur loti, 4 drams; castor oil. 14 drams; cocca butter. 3 drams.

J. McD.-What can I use for stiff Lat a more mixed diet and use a small electric battery on the joints every three hours.

PERSONAL ADVICE.

Readers desiring advice should

1. To address inquiries to Dr. L.
K. Hirshberg, care of The
Washington Times.
2. To enclose a stamped and addressed envelope if a personal
reply is desired.

HAIR TO DARKEN IT

Ilt's Grandmother's Recipe to keep her Locks Dark, Glossy, Thick.

The old-time mixture of Sage Ten

B. S. F.—What is mycosis?

Mycosis is the scholar's name for molds or fungl which infect the skin, the liver, the bones, and even the lungs, a mild form of mycosis is the ring worm; malignant forms are actinomy-cosis, blastomycetic mycosis, and ilung mycosis, all due to different kinds of growing parasitic vegetation in human tiesues.

M. C. H.—Will you kindly tell me what to do for blotches on the face?

Take three drops of Fowher's arsenic solution in water after meals three times a day. As a face wash, instead of soap or cold cream, use the following: Glycerine, I cunce; subchur, dram; rose water, 8 ounces, At night and each morning apply to the blotches; lodide of suiphur, by dram; simple cerate, 1 ounce. Avoid all oily, hot, greasy, starchy, rich and highly seasoned foods, candles, soups, hot dishes, gravies and pastries.

Reader—Will you kindly advise me what to use for excessive perspiration of the body?

Wear lignter clothing. Change your attire more frequently, thus allowing the perspiration to evaporate more. Probably the thyroid gland is too active and is responsible for this. Have your and suphur, Hairless

Skin for Every Woman.

Skin for Every Woman

(The Modern Beauty)
With the aid of a plain delatone paste it is an easy matter to rid the akin of unsightly hairy growths. The paste is made by mixing some water with powdered itelatone. This is applied to the hairs not wanted and after 2 or 3 minutes rubbed off and the skin washed, when every trace of hair will have vanished. When you go to your druggist for delatone, be sure you get the genuine article.



Won by Merit

when you try Elk Grove Butter you will say it merits all the good things you've heard about it.

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What They Say About Us

Pertinent Interests of Women As Viewed By Editorial Writers of the Newspapers.

What Schools Are For. We hope to get the teacher and parent together in one common ob-ject that the welfare of the child will be the first consideration.—Mrs. Schoff to the Pennsylvania Congress of Mothers and Parent-Teacher As-

Uncle Harry laid the evening newspaper on the table and turned to take
off his overcoat. At the same moment
the boys entered the room.

"Hello, Uncle Harry," they said together. Then Jimmy saided

"What are you going to tell us about
tonight?"

Before Uncle Harry could answer Joe
had picked up the newspuper and read
the headline, "United States Recognizes
Carranga."

Course," answered Uncle Harry, but
satopose they couldn't decide on anycole. Suppose six or eight fellows wantcole. Suppose six or eight fellow wantcole. Suppose six or eight fellow wantcole. Suppose six or eight fellows wantwantwantcole. Suppose six or eight fellows wantcole. Suppose six or eight fell sociations.
That any one should think it necessary to make such a statement is a sad commentary on our system of public school education. What are the sphools for if the welfare of the children is not put before everything size? "What does the paper mean by saying that the United States recognizes Canrange. It is apparent that now government than any other, and as Mr. Carrange seems to be strongled States "you have the knack of asking big and the leading countries of Central America and South America have said ment of Mexico."

"Which country is unshed outright Well, sir said he, "that is exactly what Frenchen have said to Min." It is apparent that now government than any other, and as Mr. Carrange seems to be strongled States and the leading countries of Central America and South America have said ment of Mexico."

"Which countries have

thing cise?

Many parents, however, have discovered that when there must be a choice between what is best for an individual child and a modification of a system the child must suffer instead of the system. Then, there are educators who seem to regard children as the raw material for pedagogical experimentation and are indifferent to the effect on the children when the experiments fall. Hefore ideal conditions prevail there must be many compromises between the anxious mothers and the

aystem-bound teachers. The mother thinks too much of the idiosyneracies of her little hoy and the teacher is too much absorbed in working the educational machine. The activities of the few associations of parents, already formed, are benefiting the schools by giving the teachers, most of whom are young, unmarried women, a new point of view, The wise teachers are welcoming all such help in their work, when it is help and not merely meddling by idlers.—Philadelphia Evening Ledger.

Baby's Right To Cry.

The legal right of a baby to open its mouth at any hour of the day or night and run the scale of justy lamentations has been established in

New York city.
Little Dave Eigenberg went into court on Tuesday, surrounded by an iron ring of harsh adult critics. They were there to maintain that Dave's lung powers had made a certain helf block of apartment houses uninhabitable by human beings. While they recited the horrors they

ADVICE TO **GIRLS** By Annie Laurie

Dear Annie Laurie: I am in love with a young man two years my senior, who seems to think more of a friend of mine than he does of me. This girl and I are good friends and I can't ask her to have nothing to do with him, but as she is much more attractive than I. I feel that she has the advantage. Willie is always very nice to me but some how I feel that when he is in her presence he is very much interested. What am I to do? "RAZO."

I' the young man seems to care more for your friend than for you the best thing for you to do
is to try to convince yourself
that you are not in love with him
after all. It may seem very hard at
first, but you will be surprised to
find how very soon you will begin
to consider him as just one of you
boy friends. In the meantime, be as
nice to him and your girl riend as
you can, don't show that you are
jealous of her and perhaps in the
end your aweet disposition and kindness will triumph over the advantage you seem to think she has. you the best thing for you to do

Dear Annie Laurie: I have been keeping company with a young man with whom I am very much in love. I thick he is in love with me, but in the presence of others, especially girls, he nots very indifferently toward ne. Using as an excuse his uncertain business hours, his engagements with me one very few. When I make engagements with other men he seems to get very angry. Please advise me what to do.

BROKENHEARTED s YOU and the young man have reached no definite understanding, perhaps his indifference is merely a sham to cover up his deeper feelings. Try being indifferent yourself once in a wide, and see if his attitude does not change. If you are really in love with the young men you should certainly have his best interests at heart, and, although it may seem hard at first, if his business interferes with his engagements with you, you should accept the situation with the best grace possible. No man has the right to monopolize your time except your finnes and you should be very sure that you are willing to trust your happiness to him before you allow him that privilege. It seems to me that your friend is rather selfish in this regard. He should realize that as he cannot come to see you very often. you are naturally lonezome for other company. Copyright, 1915, Newspaper Feature Service.

Miss Laurie will welcome letters of inquiry on subjects of interest from readers of this paper, and will reply to them in these columns. They should be addressed to her, care this office.

Dandruff Soon Ruins the Hair

Girls-If you want plenty of thick, beautiful, glossy, silky hair, do by all means get rid of dandruff, for it will starve your hair and ruin it if you

It doesn't do much good to try to brush or wash it out. The only sure way to get 'rid of dandruff is to dissolve

Ella Flagg Young.

Ara' Ella Flagg Young does not have to remain at the head of Chicago's public schools another five or ten years to persuade Americans that she is a great woman, an inspired educator, and a good fighter. But those lesser beings, men and women whose hockling has finally exhausted Mrs. Young's patience and persuaded her to resign, would nave served their own and their city's reputation much better had they resisted the impulse to play "barking dogs" to her endeavora.

Here's hoping the celetrated woman Chicago has exited may live long to brighten and adorn the new world of letters it is said she means to invade,—Philadelphia Evening Telegraph. Many Babies Suffer Too many habies do not get started right because patience and the proper care was not given the hopeful mother. Experienced mothers now urge the use of Mother's Friend to be had of Mother's Friend, to be had at any

drug store, because they know from experience that this old, dependable remedy, applied externally, is absolutely harmiess and is very beneficial. It scothes the muscles, cords and liga-ments and relieves the undue tension, giving great physical relief from stub-born pains. Its influence in the skin and network of perves causes the muscles to expand naturally. Thousands of women have successfully used it for two generations.-Advt.

And You Wake Up With Beautifully Curly Hair!

way to get 'tid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

By morning most, of not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it. You will find, too, that all itching and diagring of the scalp will stop, and your liefr will look and feel a hundred times have any drug store. It is inexpensive, and four ounces is all you will need, no matter now much dandruff you have. This is a secret that will, I know, be appreciated by my lady who dislikes the appreciated by my lady w (Town Tattler).

A SEW-E-Z SEWING MACHINE MOTOR.

It makes sewing a pleasure.
Attachable to any standard \$15 machine. Price